

# Shake and Stop

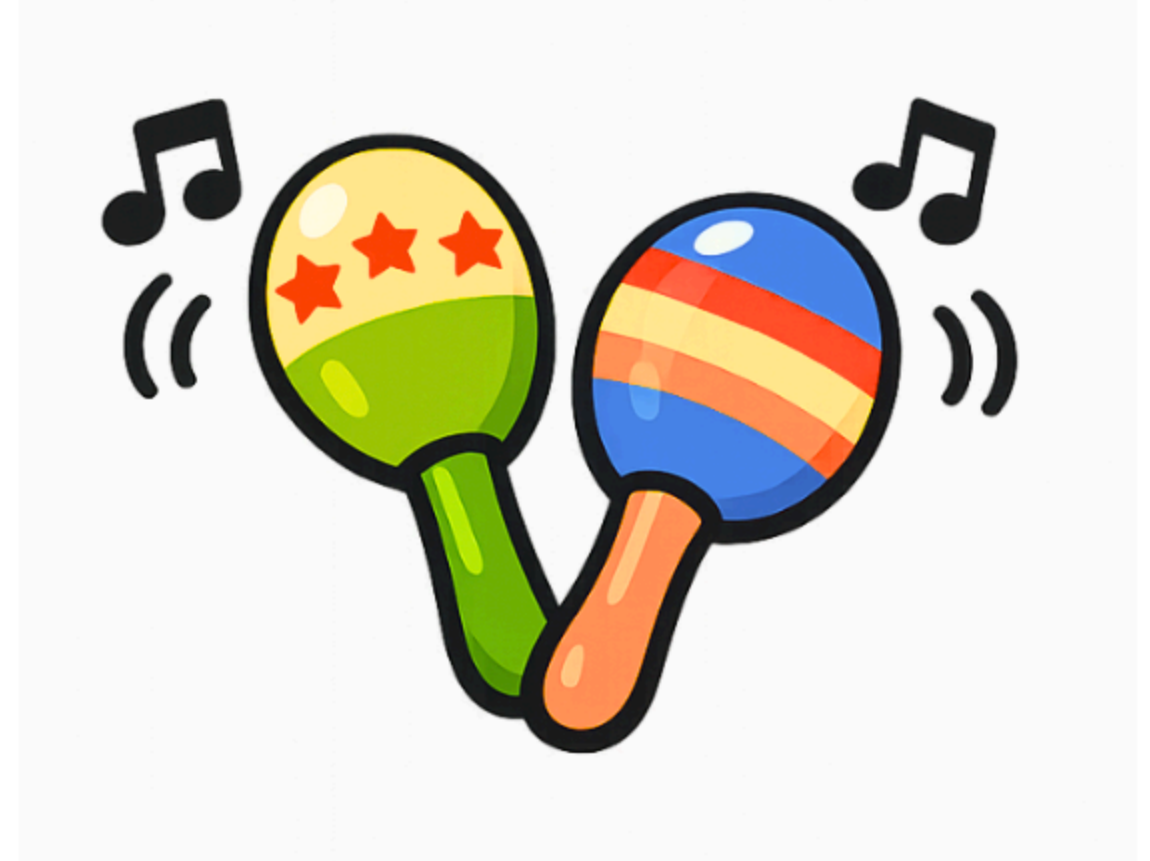
We're gonna...

Shake and shake and shake and  
STOP

Shake and shake and shake and  
STOP

Shake and shake and shake and  
STOP

Then we'll shake some more.

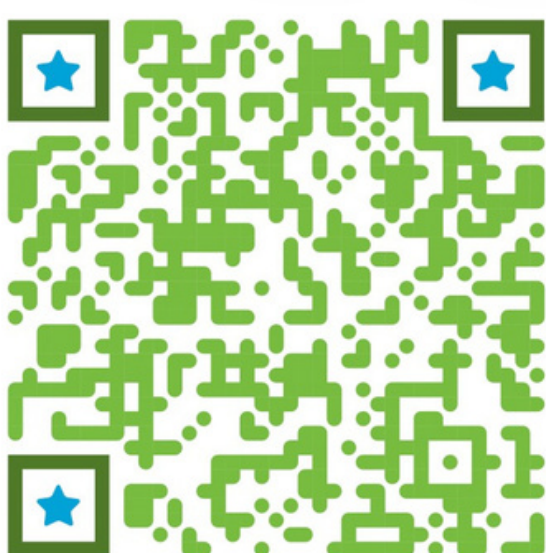


## BOX ACTIVITY

- Children sit in a circle.
- Give each child a shaker.
- Practise shaking in musical ways – high, low, loud, quiet, fast, slow.
- Sing the song – encourage children to STOP together.

## MUSICAL FOUNDATIONS

1. Listening
2. Singing
3. Pulse/beat
4. Rhythm
5. Pitch
6. Dynamics
7. Tempo
8. Exploring instruments
9. Being creative



Scan the QR code for a  
video of the activity and  
more musical ideas!

